

TRY YACHTING COURSE

This is a short (4-5 hour) introduction to sailing experience that focuses on practical offshore sailing whilst having fun. Candidates learn how to become active crew members and learn basic sailing skills.

WHO SHOULD ATTEND

- Those wanting to “try out” yachting without having to commit to a full training course
- Adventure seekers looking for a new water-based experience that could lead to formal yachting training
- Families “testing the water” for future yachting holidays or considering buying a yacht.
- Those wanting to try a new sport and develop new skills
- Establishing whether yachting is a career or gap year opportunity you may wish to pursue
- Corporates, clubs, schools, etc. for team building or leadership development.

OVERVIEW

1. The Yacht
 - Basic knowledge of sea terms, parts of a boat, rigging and sails
2. Rope work
 - Ability to tie knots
 - Securing rope to a cleat
 - Use of winches and jamming cleats
3. Underway
 - Sailing a yacht on all points of sail
 - Steering a yacht under sail and power
4. Rules of the sea
 - Knowledge of the rules and able to keep an efficient lookout at sea
5. Clothing and equipment
 - Knowledge and compliance with rules for the wearing of safety harnesses, lifejackets and personal buoyancy aids
6. Emergency equipment and precautions
 - Aware of safety and hazards on board a yacht
 - Action to be taken in event of emergency

Candidates will experience being a deckhand, assist in steering the yacht, handle and trim the sails and learn to tie a number of knots. Upon successful completion of Try Sailing, candidates receive a completion certificate.

INCLUDES

Try Yachting training manual
R200 discount voucher off any Garden Route Sailing Adventures course

EXCLUDES

Food and beverages aboard our yachts; students to please bring their own